



Syracuse University
Friday, September 30th, 2010



By Sunita S.

Changing of Leaves in Syracuse, NY



!Important Announcements!

- All Syracuse University international students who register at www.hthstudents.com by **October 20, 2010** and are enrolled in a plan effective *October 1, 2010 - July 31, 2011* will be entered into a drawing to **WIN an Apple iPad!**
(for further details about this group please read below)
- **Effective November 23, 2010 USCIS will increase the OPT application fee from \$340 to \$380.**
- **Smoking** - all University housing facilities are smoke-free. No smoking is permitted in any of the interior areas of any building. Designated smoking areas exist outside the building.
Alcohol - in the U.S. students who are under **21 years of age** may not be in the presence of alcohol, unless assigned to reside in a space in which one's roommate is 21 years of age or older.
- **Graduate students expecting to graduate this December must complete the File Diploma Request process in MySlice by established deadlines, published at <http://gradsch.syr.edu/pdfs/GraduationDeadlines.pdf> by the Graduate School. This will activate the certification process and awarding of your degree.**
- Interested in taking Yoga, Pilates, Tae Kwon Do, Tai Chi, Ballet, Zumba, Biking (RPM), Fencing or Swimming Classes this semester please check this website for more details: <http://recreation-services.syr.edu/Programs/fitnessclasses/flyers/Fall%202010%20fitness%20flyer.pdf>

- Recreation Services is offering **FREE Martial Arts classes on Wednesdays at 4:00pm 'till December 8.**
- **Students who will be ending their studies this December but have no plans to apply for practical training (F-1), academic training (J-1) or continue at a new school or in a new field or level of study (i.e. Master's, J.D., Ph.D), or seek a change of non-immigrant status must depart the United States within 60 days of their academic program end date if they are in F-1 status (see item #5 on your current I-20), or within 30 days if they are in J-1 status.**
- **International Student Support Group will be held every Thursday from 3:00pm -4:30pm at the Slutzker Center.**
(for further details about this group please read below)
- **Planning to Study Abroad during the Spring 2011 semester? If so, please talk to an international advisor at the Slutzker Center soon. There are steps which you must take in order to insure your continued non-immigrant status for re-entry to the U.S.**

MEETING YOUR HEALTH REQUIREMENTS

Syracuse University Health Services has determined that many international students are not in compliance with immunization requirements defined by New York State public health law. Enrolled students found not to be in compliance risk strict administrative consequences including **inability to register, suspension of I.D. card privileges, and may be required to leave campus.**

You must be in compliance with these immunization requirements in order to remain on campus.

The Health Service will be sending an email to all those who are not in compliance via the syr.edu email address. Please watch for that notice (check your syr.edu email address!). If your registration is cancelled, you will also lose your F-1 or J-1 student status. Don't put yourself at risk. Contact the Health Service as soon as you receive that email!

Although rare, a fire drill or evacuation could be an opportunity for a thief to strike. To prevent someone from taking your irreplaceable documents and passports we recommend the following:

- **Keep your documents in a secure location.**
- **Be able to access and take your documents with you quickly if you need to evacuate the building.**
- **A small safe, briefcase, folder or backpack maybe the best way to keep your documents organized.**
- **Rent a safety deposit box at your local bank (i.e.: HSBC, Chase, etc.)**

You should never spend time searching for your documents in an emergency situation. REMEMBER, while you want to do your best to protect your valuable property, your personal safety is the highest importance in emergency!

Travelling During the Fall semester?

Have all Your Documents with you! If you are travelling within the U.S., you must still carry with you your passport, I-94 card and original I-20/DS-2019. The U.S. Border Patrol often inspects documents at train stations, bus stations, and airports. If you do not have your original documents, you could be fined \$100, or detained until your status can be verified.

If you are travelling outside the U.S., you must make sure you have a valid visa stamp to re-enter the U.S., as well as an unexpired passport valid for at least 6 months into the future, and a blue travel signature from SCIS on your I-20/DS-2019 within the last 1 year (or if you are on OPT, the last 6 months). If you are on OPT, you must also have a valid EAD card and job offer letter to re-enter the United States.

The Slutzker Center for International Services offers Travel Seminars every 1st and 3rd Wednesday of each month @1:30pm.

Worried that your flight might be delayed? Please contact your airline, the airport and check this website - <http://www.fly.faa.gov>

Applied for OPT ? The SCIS Needs a Copy of Your EAD Card!

The SCIS reminds all students who have applied for OPT that once you receive your Employment Authorization Card (EAD), please "scan the front and back of your EAD card" and e-mail us a copy of it to lescis@syr.edu.

Students who are planning to do an Internship this Fall semester should apply for Curricular Practical Training (CPT) Please remember that you have to register for at least 1 credit for CPT.

**Curricular Practical Training Seminar (CPT) - Wednesday @ 3:00pm
Optional Practical Training Seminar (OPT) - Wednesday @ 3:45pm**

Address Change?

All International Students and Scholars that will be moving out from the "Campus Housing" must update the US Address where you will be living during the Fall semesters via your "MySlice self-service" and select CURR address.

You must update your address immediately in order to be in compliance with the Immigration. If you do not update your addresses we will not be able to register your record with SEVIS and you will be jeopardizing your Immigration requirements to comply with reporting changes of addresses while you are here in the USA and at Syracuse University.

You must always provide a current physical address to the SCIS in order to keep your SEVIS registration current and to maintain your lawful status. You have 10 days to inform the SCIS of any address changes or you are in violation of your status. http://international.syr.edu/address_update_opt.htm

Win an Apple iPad!



ANOTHER GREAT REASON TO SIGN UP FOR HTH WORLDWIDE

HEALTH INSURANCE NOW!!! All Syracuse University international students who register at www.hthstudents.com by **October 20, 2010** and are enrolled in a plan effective *October 1, 2010 - July 31, 2011* will be entered into a drawing to **WIN an Apple iPad!** who register for the Syracuse University health insurance plan through HTH WORLDWIDE (not their GLOBAL STUDY PLAN) by October 20th. The cost for a student participant, for example, will be \$1,055.00 (10 month duration).

Register today by clicking on the "Sign in" link on hthstudents.com. Once registered, you will be able to access these member services:

-  **Download** claim forms and ID cards
-  **View** your benefits summary
-  **Search** for doctors and hospitals
-  **Translate** medications and medical terms
-  **Access** RewardsWorldwide.com

Remind your friends not to miss their chance to win! Thank you and good luck!

Your friends at HTH Worldwide

P.S. Previously enrolled students whose coverage expired 7/31/10 will not be subject to a new pre-existing condition exclusion waiting period!

CONCERT ON SUNDAY, OCTOBER 10 TO CELEBRATE BIRTHDAY OF OUR BENEFACTOR LILLIAN SLUTZKER



The Slutzker Center will be hosting a concert to celebrate the birthday of our benefactor, Lillian Slutzker, on **Sunday, October 10, at 4 p.m.** We have room for two or three musicians or vocalists on the playbill. If you are very talented, and wish to perform a joyful, well prepared song or musical piece on the piano (Baby Grand), or on your own instrument which you bring with you, please contact the Slutzker Center immediately. We will audition interested performers next week. In addition to the possibility of performing for our benefactor, we are giving away 10 tickets (free) to students who are especially interested in attending this concert. It is a formal occasion (dress clothes), and you must plan to be present for the entire evening (3:45 p.m. to about 5:30 p.m.) If you cannot attend after receiving tickets, you **MUST** return the tickets so that we can give them to another student. Seating is very limited, so our ability to invite students is limited to 10 seats. Please send your request to audition or for a ticket to lescis@syr.edu. We will notify you next week if you are chose to audition or to receive a ticket. If you would like to attend with a friend, please advise that friend to request a ticket on his or her own.

RENT \$MART

Everything you need to know to be an informed tenant.

Additional Off-Campus Housing Info Sessions will be held:

Wednesday, October 6 @ 2:30 p.m. in Schine 304C
Sponsored by The Office of Off Campus and Commuter Services and
The Office of Residence Life

SOPHOMORE SUCCESS SERIES

Brought to you by the co-curricular fee

NEW SCIS Seminars



Starting October 1st due to numerous student requests the SCIS has changed the Seminar times and dates. We hope that this extra service will meet the needs of students who are traveling, seeking on campus employment or applying for practical training.

Seminars begin promptly at time indicated below.

Practical Training:

1st and 3rd Wednesday and 2nd Friday (*starting October. 6*) of each month

CPT – 3:00pm

OPT – 3:45pm

Travel Abroad and Within the US Information:

Every Friday at 12:00pm.

On Campus Employment:

Tuesday – 2:00pm

Friday – 9:30am

Life after Practical Training:

1st Monday and Thursday of each month at 2:00pm

The Diversity Visa (Green Card) Lottery

Please be aware that the Diversity Visa lottery will begin on Tuesday, October 5 and end on Wednesday, November 3.

The Diversity Visa (DV) lottery is a program run by the US State Department, which allots 50,000 Diversity Visas (Green Cards) to applicants from underrepresented countries.

Natives of the following countries are **not eligible** to apply because the countries sent a total of more than 50,000 immigrants to the United States in the previous five years: **BRAZIL, CANADA, CHINA (mainland-born), COLOMBIA, DOMINICAN REPUBLIC, ECUADOR, EL SALVADOR, GUATEMALA, HAITI, INDIA, JAMAICA, MEXICO, PAKISTAN, PERU, PHILIPPINES, POLAND, SOUTH KOREA, UNITED KINGDOM (except Northern Ireland) and its dependent territories, and VIETNAM.**

There are no fees associated with submitting the electronic DV lottery application form. Furthermore, the US Government only uses official US mail to inform DV lottery winners; they do not use email to notify winners. Many fraudulent websites exist, which ask you to pay large fees to apply for the DV lottery. Do not be fooled by these websites. Any site that ends with .org, .com, .us, etc. is not a legitimate US government website. Only websites that end with .gov are US government websites. To find the **official** instructions for the DV Lottery, please visit: http://travel.state.gov/visa/immigrants/types/types_1318.html

For the **Free and Official** online DV Lottery application, please visit: <http://www.dvlottery.state.gov/>

Future Leaders in Student Affairs



Interested in pursuing a career or degree in the student affairs field. We will work feature panel speakers from offices throughout the university, resume reviews, interviewing workshops and other great professional development opportunities throughout the year! If you have students that you think would be interested, please forward them the flyer! Any questions can be directed to Rebecca Daniels, coordinator for communications for the Office of Residence Life at rdaniels@syr.edu, or Karina Hagan, residence director of Ernie Davis Hall at klpipes@syr.edu.

Ph.D. Students: Are You Registered for Fall 2010?

The SEVIS system requires the University to **REPORT REGISTRATION** within 30 days of the beginning of the semester. At this time, many Ph.D. students are not registered for the Fall 2010 term. Thus, you will be reported to the Immigration Service as "NOT REGISTERED" and your SEVIS record will be cancelled!

This is a serious issue. If you are here, working on your research and/or dissertation, and not registered for dissertation hours or regular course work, please register for **GRD 998** and have a Certificate of Full-Time Status filed with the Registrar's Office TODAY! Please provide a COPY of that Certificate of Full-Time Status to the Slutzker Center TODAY!

Once your SEVIS record has been cancelled due to your failure to register, there is a \$340 fee to apply for re-instatement to F-1 student status. Please do not put yourself into that situation.

Full-time Course of Study

NOTE: For Syracuse University F-1 students, a full-time course load is required during the Fall and Spring semesters. Full time enrollment means **Graduate** students must enroll for at least **9 credits** every semester. **Undergraduate** students must register for at least **12 credits** every semester. Students are not required to enroll in courses during the Summer. However, **if Summer session is your first semester** then you must maintain full time enrollment of at least 6 credits for that summer session.

Under Federal Immigration Rules, **to maintain F-1 status, no more than 3 online credits per semester may count towards the "full course of study" requirement.** For example, a graduate student required to register for 9 credits per semester to maintain full time status can take only 3 of those credits through an on-line class each semester – **6 credits must be live, in classroom courses.**

However, an F-1 student can take as many on-line or distance education as they wish (with SCIS's approval) during the Summer or over Winter break.

If it is your last semester and fewer than 12 credits are required to graduate for undergrads and 9 credits for grads; it is acceptable to carry only those credits required to complete your degree. **If a student needs less than a full course load in the final semester to finish his/her degree, the course(s) cannot be taken solely online or as distance education. You must be enrolled in a live,**

in classroom course during your last semester.

Students considering on-line courses or courses at a different institution should first discuss the plan with an SCIS advisor. It is necessary to maintain valid F-1 status at all times.

If you are taking less than 9 credits this semester you must fill out a Certificate of Full-Time Status http://international.syr.edu/full_time_status_certification-Jan04.pdf

If this is your last semester you will have to fill out the Last Semester Memo <http://international.syr.edu/>

International Student Support Group



What is a support group?

Being an international student is both an exciting and at times a challenging experience. A support group provides a venue to meet other international students who can share and relate to your experiences and concerns; you can receive both support and feedback on how to adjust to the local environment, cope with the difficulties, and achieve academic progress and personal growth through the semester. The group will be facilitated by Jacquie Ye and Susan Levy,

What do I talk about when I am in group?

International students who join these groups usually talk about their own unique reasons for coming to group. Students typically share about difficulties they experience in adjusting to the university culture, strategize together, and brainstorm about effective ways to cope, maintain a healthy balance, and improve one's quality of life.

Some common topics that past groups have covered include:

- o **Experiencing academic and research stressors**
- o **Issues with negotiation with professors/supervisors,**
- o **Homesickness, loneliness, coping with long-distance relationship**
- o **Language and communication barriers**
- o **Making friends or dating someone from a different culture**
- o **US cultural adjustment and shock, etc.**

Who are the facilitators?

The facilitators are Jacquie Ye and Susan Levy, counselors at the SU Counseling Center. Jacquie was born in China and Susan in South Africa. Having been international students themselves, they are enthusiastic about working with and providing support for other international students.

English will be the language that will be used. Any personal information shared in the group is confidential.

Please sign up at the Slutzker Center front desk. Space is limited.

If you are curious, have questions or are downright interested, please feel free to contact Jacquie Ye at hjye@syr.edu and Susan Levy at sulevy@syr.edu.

Are You Employed This Semester? Here's an Important Tax Tip for F-1s and J-1s!

If you are an international student in F-1 or J-1 status who is working on campus for Fall 2010, have you examined your paychecks carefully? Here is some important information for you. The information that comes with your paycheck may show that both federal and state income tax (or just federal income tax) are being withheld from your paycheck. This is correct, since students in F-1 or J-1 status do pay federal and state income taxes on money they earn through on-campus employment. However, if your paycheck information shows that social security tax and/or Medicare tax are being withheld from your paycheck, this may be an error! F-1 or J-1 students who have been in the United States in F-1 or J-1 status for five years or less do not pay social security or Medicare tax on employment earnings authorized by federal Immigration regulations, including on-campus employment. So, if you believe a mistake has been made, speak with someone in the appropriate payroll office, and have your pay stub with you. You are entitled to a refund of any social security or Medicare tax incorrectly withheld.

The rules are explained in IRS Publication 519: US Tax Guide for Aliens. To access a copy, go to: <http://www.irs.gov/pub/irs-pdf/p519.pdf> You need print only pages 1, 54 and 55

Learn How SU is Making a Real Difference!



October 14-17:

<http://www.syr.edu/alumni/events/orangecentral/2010schedule.html>

Americans with Disabilities Act 20th Anniversary Celebration

See how SU leads the way in inclusive education—attend panel discussions “The Art of Inclusion,” moderated by MSNBC anchor Contessa Brewer ’96, and “Higher Expectations for Higher Education,” moderated by former news correspondent Mark McEwen. Then attend a screening of *Wretches & Jabberers: And Stories from the Road*, a new documentary by School of Education Dean Douglas Biklen G’73 and director Gerardine Wurzburg. The film follows Tracy Thresher and Larry Bissonnette, two men with autism, and their global quest to change attitudes about disability and intelligence, and is followed by a talk-back with NPR News anchor Lakshmi Singh ’94.

Veterans and the Military at SU: Unique Perspectives on Campus Life

Hear keynote speaker James Bradley, best-selling author of *Flags of Our Fathers*, then listen as a panel of veterans talks firsthand about SU’s longstanding commitment to veterans and active military.

60 Years of Hillel at Syracuse University

Celebrate this milestone anniversary at two special events. In “Spanning the Decades of Jewish Life at Syracuse University,” alumni from different decades will discuss SU’s rich Jewish heritage. In “An Evening with Max Weinberg,” the legendary drummer will perform, talk about his time with *Late Night with Conan O’Brien* and Bruce Springsteen’s E Street Band, and describe how his Jewish background has influenced his career.

We're making a splash at the Bash!

Focus on Video Artist Bill Viola ’73, H’95

Immerse yourself in the work of Bill Viola—a vital force in establishing video as a contemporary art form. A perfect example of how SU is bringing the arts into the local community, his two installations will envelop you in image and sound.

For complete details and easy online registration, visit orangecentral.syr.edu. We hope to see you there!

Keeping Good Rental Records

Lack of knowledge regarding leases or other rental agreements can cause a variety of problems. By keeping records of rental repair requests, security deposit disputes, and other important issues related to rental agreements, you can alleviate many of these types of problems. The most frustrating problems occur when the tenant cannot document their grievances. To prevent this, start a rental file as soon as you sign the lease and add to it throughout your lease term. A rental file is easy to keep, considering the money you may recover through rental modification or qualifying for full return on your security deposit. If a rental problem arises, it is easier to negotiate a solution with the landlord when you have written records that show the extent of the problem, what you asked the landlord to do about it, and how the landlord responded.

Your Rental File Should Hold:

A Rental Log

Use a simple notebook to write all dates and times you contacted or tried to contact your landlord; make a note of any discussion. Logs are a useful permanent record of how the landlord did or did not respond to problems.

Apartment Condition Checklist

This is proof of the condition of the apartment when you move in and out. Keep a copy and send the original to the landlord by certified mail and return receipt.

Correspondence With Your Landlord

Make any complaints or concerns in writing and keep copies on file. All verbal requests should be followed up in writing with copies in your file.

Reports

Keep copies of the Certificate of Suitability, building inspection reports, police reports, and any other reports from other agencies.

Photographs

Photos may be the evidence you need to document a repair or security deposit problem. Photos should be dated and signed by a witness.

Off-Campus Housing 101

It is that time of year: time to begin looking for off-campus housing for the 2011-12 academic year. The rental season begins very early in Syracuse, but that does not mean that you have to sign a lease right now; you should not rush to sign a lease and should learn about off-campus housing prior to making the decision to move off-campus. A lease should not be signed until the property has been researched, roommates are confirmed, and the lease has been reviewed by Student Legal Services.

There are a number of rental units available in the University area and one of the best sources for advice and information about off-campus housing are friends and classmates. Another good place to search is Orange Housing. Orange Housing maintains a web site of apartment offerings in the neighborhoods adjacent to campus. The Orange Housing website is www.orangehousing.com. It is important to keep in mind that this local

company is not affiliated with Syracuse University or SUNY ESF and there are absolutely no guarantees about the quality and reliability of the information posted on the website. Orange Housing also offers roommate searches, sublet listings, and information relevant to apartment hunters. Apartment listings can also be found in the *Daily Orange* and at www.apartmentfinder.com.

Your first step in your apartment search is determining your needs. Important considerations include:

- Distance from campus
- How much you can afford for rent and utilities
- On or off-street parking
- Number of roommates
- Furnished or non-furnished apartment
- Length of lease
- Pets

Once you have determined your needs you will want to view two or more rentals that meet your criteria. Check out each apartment thoroughly; don't be afraid to test faucets, doorknobs, etc. and make sure you are satisfied with the safety features available (window locks, security lights, etc.). You should talk with the current tenants about the apartment; ask about location and experiences with the landlord. Once you decide on an apartment and have done all needed research, you should have the lease reviewed by Student Legal Services.

The Office of Off-Campus and Commuter Services (OCCS) is a resource that you should also utilize in your search for off campus housing. OCCS staff will assist you in your search by educating you on what is needed to have a successful off-campus living experience. OCCS is available for in person assistance at 754 Ostrom Avenue, via phone at 315-443-5489, online at offcampus.syr.edu, via email at offcampus@syr.edu

Apartment Safety Tips

Burglars strike in any neighborhood. They are opportunistic and always look for such easy targets as homes that are left open, not well maintained, out of eyesight or earshot of neighbors, or obscured by landscaping or fencing. The best way to minimize your chances of becoming a victim is to take sensible precautions.

The following tips offered by the City of Syracuse Police Department are designed to help you reduce your chances of becoming a victim of crime. You may already be aware of some strategies, but others may be new to you. Remember to trust your instincts and use common sense. Do not let yourself become a victim of a crime!

Before Renting an Apartment

Survey the residence for the following security features:

- Does the apartment have metal or solid core wooden entry and exit doors? Are these doors equipped with deadbolts? Are the locks mounted securely? Have the doors been re-keyed since the last tenant moved out?
- Can visitors be observed without opening the apartment door either through a door "peephole" viewer or window?
- Does any outside vegetation block doors or windows from public view? Does the vegetation provide places or concealment at entrances at or along walkways?
- Is there adequate lighting at the building entry doors and along walkways? Are the outer doors kept locked at all times?

In Your Apartment

- Keep your doors locked at all times, especially when you are alone, sleeping, or the apartment is unoccupied (even if only for a few moments).
- Determine who is on the other side of the door before opening it. Have repair or service personnel show official identification and confirm their presence with the person requesting the service. Delivery persons should remain outside to await the person requesting the delivery.
- If you return home and something looks questionable (e.g., a slit screen, broken window, or open door) do not go inside. Call the Syracuse Police Department from a safe location.
- Be sure you have blinds or curtains on your windows to discourage window peepers. Always keep your windows covered at night and leave lights on in two or more rooms.
- Make a list of your valuables and record any serial numbers.
- Be sure all outdoor lighting fixtures are in working condition. Ask your landlord to make immediate repairs.
- Place items of value out of sight and in locked areas. Do not leave valuables unattended in such common areas as laundry rooms and lounges.
- Ask your landlord to maintain and trim shrubbery.

Cell phone Offers to SU International Students



18% off for Syracuse University Students use Discount Code [2386165](#)

- World Phones available
- Exclusive provider of the Apple iPhone & BlackBerry TORCH
- Competitive domestic and international plans available
- Only domestic carrier that offers rollover minutes

- Receive 18% off monthly voice and data plans (not prepaid)
- Text messaging plan discounts available on select phones
\$2 Off 200 Message Plan - Your Cost \$3
\$5 Off 1500 Message Plan - Your Cost \$10
\$5 Off Unlimited Plan - Your Cost \$15
Offer excludes iPhone Text Messaging Plans
- Prepaid service plans available
- Waived security deposit for one line of service (only available only at Company Owned Retail Stores, not available online or at Authorized Dealers.)
- Prices reflect 18% Syracuse University Student Discount Code [2386165](#)
- Rates apply to calls made from within the U.S., Puerto Rico and U.S Virgin Islands
- Convenient and affordable calling from the U.S to over 220 countries
- International Roaming agreements in over 100 countries, rates vary
- For more details on International Roaming, see www.att.com/international

T-Mobile also offers prepaid [Pay-As-You-Go plans](#). Which are designed for single subscribers (no family plans) who are in the USA for only a couple of years. For further details please check the following website
<http://www.t-mobile.com/shop/plans/prepaid-plans.aspx>

FY 2010 H1B Updates

FY 2011 H-1B Cap Count

Cap Type	Cap Amount	Cap Eligible Petitions	Petition Target	Date of Last Count
H-1B Regular Cap	65,000	39,600		9/24/2010
H-1B Master's Exemption	20,000	14,400		9/24/2010

For more information and latest updates on H1B Visa cap count, please visit the [USCIS](#) website.

Career Fairs

Engineering Career Fair

Date & Time: October 5, 2010, 10:00 AM – 2:00 PM

Location: Link Hall Lobby

Career Fair at the Carrier Dome

Representatives from more than 100 employers will connect with students to discuss internship and job opportunities at their organizations.

Date & Time: Wednesday, October 6, 2010, 1:00 PM – 5:00 PM

Location: Carrier Dome, Contact: Jennifer Walters, jewalt02@syr.edu

L.C. Smith Career Workshop Series

"Online Tools for Researching Your Potential Employers." L.C. Smith Career Workshop Series for engineering graduate students. Mr. Chuck Reutlinger, Associate Director, Career Services presents a student focus approach for researching potential employers.

Date & Time: Friday, October 1, 2010, 3:00 PM – 4:00 PM

Location: Life Science Complex Auditorium, Room 001, Contact: Terrie Monto, tmmonto@syr.edu

LGBT Resource Center Events

- Cafe Q

Thursday, October 7 Time: 8:00pm-10:30pm

Fuel your Thursday night right with the fall 2010 Grand Opening of Cafe Q! Come back every Thursday evening to unwind and relax at this chill coffeehouse that blends coffee, tea, music, and a quirky attitude. Keep an eye out for monthly Open Mic and Spoken Word Nights too!

FREE! Location: LGBT Resource Center Contact: Lauren Adamski, lgbt@syr.edu

- Chalk the Quad

Thursday, October 6 Time: 8:30pm

Meet at the LGBT Resource Center for some pizza and laughs, then grab some chalk and join us for this Coming Out Month tradition!

Location: LGBT Resource Center Contact: Danielle Sutton,
prideunion.syr.edu@gmail.com

Restock Every Monday

Stock up on free fruit, herbal tea, condoms, lubricant and dental dams courtesy of Health Services and Healthy Monday, a public health initiative that encourages people to commit every Monday to the behaviors and actions that will end preventable disease in the U.S

Location: Student Health services Contact: Healthy Monday

Move It Monday FREE Fitness Classes @ 1:00pm.

Move it Monday is a part of the Healthy Campus Initiative Healthy Monday. This is a program that focuses on participation in activities that promote the various components of wellness on campus at little or no cost to the user. Various **FREE** fitness classes will be offered every Monday during our Fitness Class schedule **from 1:00-1:50pm** in the Flanagan Exercise Room on a drop-in, first come, first served basis. Please arrive early as the maximum enrollment for each class will vary based on activity.

October 4- Zumba	November 8 – Kickboxing
October 11- Core N'More	November 15 – Boot Camp
October 18- Tai Chi	November 22 - PiYo
October 25- Yoga'lates	November 29 - Pilates
November 1- Power Hour	December 6 – RPM (cycle room) (advanced registration required for RPM)

RAD Classes (Self Defense for Women) *FREE*

Thursday 4 week class 6:00-9:00pm Oct. 28 – Nov. 18

All RAD classes take place in Archbold Gym Fencing Room

For more information please Contact Public Safety publicsafety@syr.edu

Weekly Salsa Update



Your "WEEKLY SALSA UPDATE" is organized as follows:

EVERY FRIDAY - Syracuse:

Beginner Salsa "Survival" Lesson!

OUR MOST POPULAR CLASS taught by Brian A. Bromka, La Familia's Founder, Artistic Director & Master Instructor. To read Brian's bio: [Click Here](#)
Friday nights ... 9-10 pm, just prior to Havana Nights Latin Dance! (see Sec 2, above)
\$7 (or \$10 for lesson + dance)

Student discount - only \$8 for lesson and dance (must show ID)!

Ballybay Pub/Nightclub, 550 Richmond Ave., Syracuse, NY, [Map](#)

Class Description: Learn fundamentals of "the most FUN you will ever have on the dance floor"! You'll LOVE it or your money back!!!

EVERY 1ST & 3RD SATURDAY OF THE MONTH- Syracuse:

La Familia's Latin Night at Metro Lounge!

* THIS SAT, Sept 18th ... 9:30pm-2:00am ... \$5 ... 21+ event
* DJ "la Maquina" spins the **HOTTEST** Latin dance music from the around the world in Syracuse's **CHICEST** Nightclub!!!
* **SALSA, MERENGUE, BACHATA, CHACHACHA, REGGAETON Y TIMBA!**

* Full service bar, fully air conditioned, plenty of free off street parking.

* Walking distance from Syracuse University Campus!

* VENUE: Metro Lounge & Cafe, 505 Westcott St, Syr [Map](#)

* "bridging cultures through dance...one step at a time"!!!

www.lafamiliadelasalsa.com

EVERY MONDAY - Syracuse

La Familia's Salsa @ Suds Latin Dance!

* DJed Latin dance & practica!

* 8:00pm - 10pm ... FREE

* Beginners & college students welcome!

* Syracuse Suds Factory, 320 S Clinton St, Syracuse, NY [Map](#)

* "bridging cultures through dance...one step at a time"!!!

www.lafamiliadelasalsa.com

Special Registration (NSEERS)

Further security checks after initial immigration inspection are typically required for:

© Certain citizens or nationals of Iran, Iraq, Libya, Sudan and Syria, as designated by the DHA Secretary in the Federal Register.

© Males age 16-45 from Afghanistan, Algeria, Bahrain, Bangladesh, Djibouti, Egypt, Eritrea, Indonesia, Jordan, Kuwait, Lebanon, Libya, Malaysia, Morocco, Oman, Pakistan, Qatar, Saudi Arabia, Somalia, Tunisia, the United Arab Emirates, and Yemen

©Foreign nationals of any country may be asked by a U.S. Customs and Border Protection (USCBP) officer to undergo Special Registration if they feel they may be a national security threat.

If you are subject to [special registration procedures](#), **it is your responsibility to make certain that your entry and departure is documented by a U.S. Customs and Border Protection (USCBP) inspecting officer, every time you leave and re-enter the U.S. (This may add a significant amount of time onto departure so please plan accordingly).**

A helpful reminder of where the pertinent NSEERS registrations may be found at the following airports in the state of New York. <http://edocket.access.gpo.gov/2009/E9-28418.htm>

Buffalo Peace Bridge POE, New York;
Cape Vincent POE, New York;
Champlain POE, New York;
Chateaugay POE, New York;
Fort Covington POE, New York;
Heart Island POE, New York;
John F. Kennedy International Airport (JFK), New York;
Lewiston Bridge POE, New York;
Mooers POE, New York;
Niagara Falls, Rainbow Bridge, New York;
Newark International Airport (NEW), New Jersey;
Ogdensburg POE, New York;
Rochester-Ferry Terminal, New York;
Rouses Point POE, New York;
Seaway International Bridge/Massena POE, New York;
Thousand Islands POE, New York;
Trout River POE, New York



Pedestrian Safety Tips

Stay safe while you're walking to campus. Here are some tips:

- Use sidewalks and paths whenever possible.
- Use crosswalks, and don't start walking until you see the "WALK" signal. Walk facing traffic so you can see vehicles as they approach, and they can see you.
- Always walk in groups of three or more!
- Remember, pedestrians only have the right-of-way if a driver sees them! As a driver, it is important to be familiar with pedestrian safety laws. When a pedestrian is crossing at a crosswalk, drivers must wait until the pedestrian has *completely* crossed the street and has reached the other side safely.
- When making a right-hand turn at a red light, it is important to come to a complete stop and check for pedestrians crossing the street. Also remember there are many "No Right on Red" turns in the Syracuse University area!



Protect your Property

All your personal belongings are insured against a wide range of losses. The SCIS supports this policy and we encourage every student to have this insurance.

- Laptops, cell phones, jewelry, watches, iPods, cameras, clothes, books, sports equipment, furniture **all** your "stuff" is covered. You're insured for countless types of losses, including theft, vandalism, fire, and accidental damage.
- Worldwide coverage on and **off** campus (in your apartment, in a foreign country, "at home", in storage, or anywhere else they may be).
- Property of the University is covered while in your care
- Buy \$4,000 of coverage for less than \$94! Also there is up to \$20,000 coverage available for an annual premium of only \$250.

For more information about our student personal property program, call 1-866-535-0456 and ask for a college specialist to assist you. Or better yet Enroll online! It's fast and easy. Simply log on to: www.haylor.com/student or send an e-mail to: student@haylor.com



For your safety, please remember...

- On campus after dark, use DPS' free escort service. Off campus, use SU Home (it's free); call 315-443-2224 for more information on these services. Additional options are Centro Bus or taxi service.
- Walk, bike or jog in groups of three or more — away from bushes, cars and other objects a suspect could hide behind.
- Look and listen. Headphones and cell phones can create tunnel vision.
- Travel in well-lighted and well-traveled areas.

- Don't approach strangers or let them get close to you.
- If you think someone is following you, switch directions or cross the street. Go toward an open business or lighted house.
- Have your house or car keys in hand before you reach your door.
- Know where "Blue Light" phones are and how to use them.
- If someone tries to rob you, don't resist. Give up your property, not your life.
- Try to get a description of the suspect(s) and any associated vehicle and tag number.
- IMMEDIATELY report emergencies or suspicious activities, persons and vehicles. For SU's Department of Public Safety, **dial 711** on campus or #78 (from a cell phone); for the Syracuse Police Department, **dial 911**

Your quick report may help prevent others from becoming victims.

Fall 2010 Bus Schedule

Centro is the provider of public transportation in Syracuse and throughout Onondaga, Cayuga and Oswego Counties. Centro operates a system of shuttle routes on campus under contract with Syracuse University. These are regular transit routes which Syracuse University students can board for free. Centro also operates an extensive system of bus routes connecting the Syracuse University campus to points throughout the area. Students may ride free on these routes within certain specified "free fare zones". If you wish to travel to an area outside of these zones, you must pay a fare.

http://parking.syr.edu/Parking/display.cfm?content_ID=%23%28%289%21%0A

QUESTIONS? Contact:

Parking and Transit Services
621 Skytop Road

- Phone: 315-443-1049
- Web: <http://parking.syr.edu>

Motivational Quotes of the Week:

"Even if you are on the right track, you will get run over if you just sit there."
~ **William Rogers**

"The most important thing is not to stop questioning."
~ **Albert Einstein**

"Peace is not the absence of war but the presence of justice."
~ **Harrison Ford**

"Silence is one of the hardest arguments to refute."
~ **Joshua Billings**

"You have to expect things of yourself before you can do them."
~ **Michael Jordan**

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If your e-mail account is on a server other than syr.edu, please send an e-mail message to dbabanhu@syr.edu. In the subject line, type: Please subscribe to SCIS Newsletter, your e-mail address, your first and last name.

Note: If you would like to submit a request to publish your news or events in our SCIS Newsletter. Please contact **Daniela Baban Hurrle** at dbabanhu@syr.edu

[The Lillian and Emanuel Slutzker Center for International Services,](#)
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