

From: [A News Publication from the Slutzker Center for International Services](#) on behalf of [Emma June Voigt](#)
To: SCISNEWS@LISTSERV.SYR.EDU
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Syracuse University
September 9, 2016 Edition
Visit us at: international.syr.edu

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- Mix It Up
- The Art of Living: Free Yoga, Breathing, Meditation
- International Center of Syracuse Community Picnic

Slutzker Center Events

Mix It Up
Schine 304 ABC
September 9, 5 - 7 PM



The flyer for 'Mix It Up' features a title 'MIX IT UP' in large, bold, black letters. Below the title is the tagline 'A PLACE WHERE EVERYONE IS WELCOME' in smaller, all-caps letters. To the right of the title and tagline is a small photograph showing a group of people sitting around a table in a dining room setting. Below the title and tagline, there is a list of dates and times for the event, followed by a description of the event's purpose and a call to action.

MIX IT UP
A PLACE WHERE EVERYONE IS WELCOME

When: Fridays!

Sept. 2nd 5-7 pm Schine 304
Sept. 9th 5-7 pm Schine 304
Sept. 23rd 5-7 pm Slutzker Center
Sept. 30th 5-7 pm Slutzker Center
Oct. 7th 5-7 pm Schine 304
Nov. 11th 5-7 pm Schine 304

Share a Meal: sit together and eat good food with people of all backgrounds and cultures!
Tell Stories and Exchange Ideas: engage with others about the topics that most interest you!

[Mix It Up](#) is a great way to meet new students and catch up with old friends. Join us for dinner and conversation.

The Art of Living
Free Yoga, Breathing, Meditation
September 9, 5 - 5:30 PM
Slutzker Center

This free session is open to all people interested in finding greater freedom and living a happier more purposeful life. For more information, contact Susan Watts, susan.watts@artofliving.org, or visit the website [here](#).

International Center of Syracuse
Community Picnic
September 10, 1 - 4 PM
Clark Reservation State Park

Hosted by the [International Center of Syracuse](#), this picnic is

a great way to meet students from around Syracuse as well as community members. You will also be able to enjoy games and explore the park. Lunch will be provided, but please bring a dish to share. The picnic is free. For more information click here, and please complete the [Google Doc](#) if you plan to attend.

*There will also be a group cycling (riding bikes) to the picnic. If you have a bike, and you would like to join, please meet at the Slutzker Center at 12 noon on Saturday, September 10. It is about 5.5 miles to Clark Reservation, the ride will take about 40 minutes. If you are interested in joining this group, please email ejvoigt@syr.edu.



Important Reminders

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